

## **Mandrax**

Street Names: Mandies, buttons, white pipe.

Mandrax is a highly addictive sedative-hypnotic drug which gained popularity in the 1960s and 1970s as a prescribed sedative, used to treat insomnia and anxiety. Although mandrax is not all that famous anymore, it is still around in many places. Mandrax is a small pill varying in colour which can be freckled, crumbly, grey, yellow and white. It can be ingested orally or crushed and smoked with marijuana.



## **Short Term Effects**

Mandrax induces an almost immediate effect of feeling relaxed, euphoria, and detachment from reality. Along with this is slurred speech, impaired coordination, bloodshot or glazed eyes, excessive drowsiness, slow reflexes and unexplained weight loss. Like all other drugs, users may display poor hygiene or neglect their physical appearance. Look out for mood swings, depression, anxiety and displays of paranoia.

## **Long Term Effects**

Long term use can lead to mental health disorders such as anxiety or depression.

So also, will your body bear with the consequences such as respiratory problems, liver and kidney damage, with a weakened immune system. Chronic use can result into memory loss, cognitive impairment, difficulties with decision-making and riding of the wild emotional roll a coaster with paranoia becoming your best friend. If you want to use mandrax, you may as well throw a ticking time bomb into your body because the effects will be all the same.

Addiction is no walk in the park but rather like a detrimental thief in the night that will steal away everything that has meaning to you, filled with a ruined life of consequences.