



## Magic Mushrooms

**Street Names:** Shrooms, shroomies, caps, psychedelic mushroom, boomers, or mushies. Due to the hallucinate effects, the experience can be called trips, fungal adventure, mushroom journey, or getting cosmic."

Magic mushrooms are a type of fungi that contain psilocybin, a naturally hallucinogenic. Psilocybin is responsible for the mind-altering effects experienced when consumed. People have been using magic mushrooms for thousands of years, with evidence of their use dating back to ancient times. They believed that "shrooms" has special powers that helped them spiritually and therapeutically. However, some people use mushrooms to escape or deal with the ups and downs of life. Pretty scary that people lack in having coping skills.

### Short Term Effects

When eating magic mushrooms, your body can go through a lot of changes. Your pupils may dilate and your senses may become extremely sharp. Hallucinations is next on the list, which means that you see things that is not really there. While your heart might start beating faster, your body temperature can also change, making you feel like throwing up or having a panic attack, combined with poor coordination.

Magic mushroom affects everyone's mind differently, depending on the amount you take and your environment your in. Potential risks include experiencing a "bad trip" causing anxiety and a challenging emotional experience. Those with pre-existing mental health conditions can be more susceptible to long-term effects like flashbacks. You may be giggly and feel like you are connected to everything, or you can make you see things in a different way and think in strange ways and feel like time is going by differently. You never know what your experience will entail.

### Long Term Effects

Mixing magic mushrooms with other substances can have unpredictable and dangerous effects.

You won't believe the crazy things you will do when you mix different substances together. It can cause stronger hallucinations and make it harder for you to do what is right. Making wrong choices may definitely have you end up in hot water with the law.

Magic mushrooms are classified as an illegal substance. Possession, cultivation, and distribution of magic mushrooms can result in legal consequences. People often think using magic mushrooms is harmless, but take it from me, it can cause mental breakdowns and cause a variety of other problems, so it's best to stay away from them.