



Cannabis

Street Names: marijuana, dagga, weed, pot, green goddess

Cannabis is a plant that has been used for centuries for various purposes. It contains a chemical compound called tetrahydrocannabinol (THC), which is responsible for its psychoactive effects. When consumed, cannabis can produce feelings of relaxation, euphoria, and increased sensory perception. People commonly smoke it in the form of dried flowers or ingest it through edibles, oils, or as a solution. Apart from recreational use, cannabis also has potential medical benefits. On-going research suggests that cannabinoids present in cannabis may have anti-inflammatory properties and could potentially be used to manage symptoms of diseases like Alzheimer's and Parkinson's. Nevertheless, due to its psychoactive nature and potential side effects such as impaired coordination and cognitive function, it is crucial to follow legal regulations in each jurisdiction.

These days people are all chilled about using or experimenting with cannabis. But, here's the deal: using cannabis might make you more likely to try other stuff, like harder drugs. So, don't be fooled into thinking that using cannabis is no biggie. It can ruin your life!

Signs and Symptoms

While everyone's experience with cannabis can differ, there are some common physical symptoms to look out for. Keep an eye out for bloodshot eyes, dry mouth, increased heart rate, and a case of the infamous "munchies." (Feeling hungry and eating a lot).

Alongside the physical signs, there are behavioural symptoms that might indicate cannabis use. Keep an ear out for uncontrollable fits of laughter, a generally relaxed attitude, and an increased interest in music that you might not entirely understand.

Spotting Signs of Cannabis Use

One big clue is the strong smell cannabis leaves behind. Imagine a skunk that just got a fancy spa treatment, and you're getting close. That stinky, earthy, and kind of sweet smell can stick around in the air or on clothes.

If you come across any strange things like rolling papers, pipes, or vapes, hookahs, there is a good chance someone has been doing cannabis. Keep an eye out for these things in the usual hiding spots like secret compartments, backpacks, or even the sock drawers.

Short term Effects

In the short-term, cannabis can make you feel good and relaxed. It can also make your senses feel more intense. But here's the thing, everyone reacts differently to it. So, while one person might laugh uncontrollably, another person might feel extremely anxious.

Long Time Effects

Cannabis can affect your memory, motivation, and ability to concentrate. If you use a lot and for a long time, it can also cause problems with your breathing and cause chronic bronchitis and lung infections. If you already have mental health issues like schizophrenia or bipolar disorder, using cannabis might make those conditions even worse or trigger them. Scientists are still studying the long-term effects, but what I have seen is that cannabis makes you stupid. So be the smart one that says no to cannabis!