












HOW THE CHOOSE LIFE MATERIAL WORKS

CHOOSE LIFE material is designed to be covered in 52 sessions.

Also available to supplement this Leaders Guide is:

- Missioning – A will to change

CHOOSE LIFE is designed to be as relational as possible. Jesus said that the Greatest Commandment is to love God and to love your neighbour as you love yourself. (Mark 12:30-31) That's relational! Some components of CHOOSE LIFE are informative and educational but the aim is to grow participants in their relationship with themselves, to find amends, grow a relationship with God and mend and build healthy relationships with the people around them.

 Activity for the student	 Activity for the family
 Facilitate	 Group Discussion
 Think	 Watch Video
 Write	 Read
 Pray	